

# **2024 SURREY TRACK & FIELD CHAMPIONSHIPS**

## **South Surrey Athletic Park**

*\*Times are all estimates – dependent on the number of athletes*

*\*AWE=Athletes with Exceptionalities*

### **TUESDAY, April 30th**

#### **TRACK Events**

<b>3:00</b>	Steeplechase	Sr. B – 2000 / JrB 1500 / Jr&SrG 1500 (KP)
<b>3:45</b>	100m (timed finals) (Semi Marshal)	SG/SB/JrG/JrB/8G/8B
<b>5:15</b>	800m (Semi Marshal)	SG/SB/JrG/JrB/8G/8B
<b>5:45</b>	4 x 100m relays	SG/SB/JrG/JrB/8G/8B

#### **FIELD Events**

	<b>Triple Jump Pit 1</b>	<b>Triple Jump Pit 2</b>	<b>High Jump Pit 1</b>	<b>High Jump Pit 2</b>	<b>Discus</b>
<b>3:00</b>	8G	8B	SrG (EM)	SrB (EM)	SrG
<b>4:00</b>	JrG	JrB			JrG
<b>4:30</b>			8G (EM)	8B (EM)	
<b>5:00</b>	SrG	SrB			8G

### **WEDNESDAY, May 1st**

#### **TRACK Events**

<b>3:00</b>	Int Hurdles SrB/SrG/JrB/JrG/8B/8G (PM Hurdle Setup) (PR Marshal)
<b>4:00</b>	3000m – 8G&B/Jr&SrG/JrB/SrB (PR Marshal)

#### **FIELD Events**

	<b>Discus</b>	<b>Javelin</b>	<b>High Jump pit 1</b>	<b>High Jump pit 2</b>
<b>3:00</b>	8B (Southridge)	SrG (Salish)	JrG (EM)	JrB (EM)
<b>4:00</b>	JrB (Southridge)	JrG (Salish)		
<b>5:00</b>	SrB (Southridge)	8G (Salish)		

### **FRIDAY, MAY 3rd**

#### **TRACK Events**

<b>9:00</b>	Sprint Hurdles (timed finals) (WRCA) (Holy Marshal)	SB/JB/SG/JG/8B/8G
<b>10:00</b>	100m (timed finals) (WRCA)	<b>AWE</b>
<b>10:15</b>	200m (timed finals) (WRCA)	SG/SB/JrG/JrB/8G/8B

<b>11:00</b>	1500m (Holy Marshal)	SG/SB/JrG/JrB/8G/8B
<b>12:00</b>	400m (timed finals) (Holy Marshal)	<b>AWE/SG/SB/JrG/JrB/8G/8B</b>
<b>12:45</b>	1500m Racewalk Jr&Sr GB <b>(Holy Marshal)</b>	<i>Will separate G/B if numbers warrant</i>
<b>1:15</b>	4 x 400m relay (Holy Marshal)	SG/SB/JrG/JrB/8G/8B

### FIELD Events

	<b>9:00</b>	<b>10:00</b>	<b>11:00</b>	<b>12:00</b>	<b>1:00</b>	<b>2:00</b>
<b>Shot Pit 1</b>	8B (GP)	JrB (GP)	SrB (GP)	<b>AWE (GP)</b>		
<b>Shot Pit 2</b>	SrG (GP)	JrG (GP)	8G (GP)			
<b>Hammer</b>		Jr/SrB (FH)		Jr/SrG (FH)		
<b>Javelin</b>	SrB (GH)	8B (GH)		JrB (GH)		
<b>Long Jump 1</b>	8B (LT)		JrB (LT)		SrB (CH)	
<b>Long Jump 2</b>	JrG (LT)		8G (LT)		SrG (CH)	